



Ellenborough's Two National Champions: Denise Payet & Sophie Chiang

Denise Payet

Bittersweet Weekend for Denise

The Junior-Cadet National Championships took place over the weekend of 30th Apr. and 1st May in Huddersfield.

Day 1 Saturday –

Junior Girls Singles.

The first surprise of the weekend was Ellenborough's Denise Payet seeded 3 in the Junior Girls singles, unfortunately did not make it out of group 3 and into the main draw. Charlotte Bardsley(St) and Beth Farnworth(La) were winner and runner-up respectively in group 3. The competition was comfortably won by no.1 seed Tin Tin Ho(Mx) beating Mollie Patterson(Nk) in the final.

Junior Girls Doubles.

Denise, partnered by her friend and usual doubles partner Kate Cheer(Sx), beat Letitia McMullan(Ha) and Amy Blagbrough(Ha) 3-1. They then beat Beth Farnworth(La) and Amy Hutchings(-La) in the Semi-final.

In the final Tin-Tin Ho(Mi) & Emily Bolton(La) were just too strong for Denise and Kate winning 3-0 (11-2,11-4,11-6).

Junior Mixed Doubles.

In the Mixed, Denise was partnered by James Smith(K). They won their first round match 3-0, then lost to no. 1 seeds & eventual winners Tin Tin Ho(Mx) & Tom Jarvis (Li) 3-0 (11-6,13-11,11-9).

Day 2 Sunday –

Cadet Girls Doubles.

The day started badly for Denise and her new cadet partner Sophie Barlow(Cv), seeded to get to the final and in Denise's case retain the title albeit with a new partner. Denise and Sophie lost to beaten finalists Hannah Ward(Ng) and Darcie Proud(Li) 2-3 after leading 2-0. The even-

for the event, this in her last year as a cadet. She was a comfortable winner of her group, beating the other three girls Tiana Denison(E), Bhavika Mistry(Np) & Danielle Kelly(Sy).

In round 1 of the main draw Denise beat her doubles partner Sophie Barlow(Cv) 4-1 and then Mollie Patterson(Nk) 4-1 in the semi-final.



Girls' singles medallists (from left) Mollie Patterson, Gauri Duhan, Denise Payet and Charlotte Bardsley (picture by Trevor Parsons)

In the final Denise had to play Charlotte Bardsley(St), who had already put her out of the junior singles at the group stage. It started well for Denise winning the first game, but Charlotte bounced back, winning the second and third games to lead 2-1. It was now Denise's turn to bounce back taking the next three sets, winning 4-2 in a very hard fought match to retain her title

in resilient fashion.

"It's good to win in my last year of Under-15s; I wanted to get the job done," said Payet.

"Yesterday was tough. I was disappointed because I didn't show what I can do and I wanted to show everyone – and myself – what I can do today. I'm proud that I did.

"We train every day to achieve things like this."

Bardsley said: "I thought it was quite close but Denise played really well. Maybe I can win it next year."

tual winners were Mollie Patterson(Nk) and Gauri Duhan(Y) 3-0 (11-7,11-8,11-2)

Also in the Cadet events was Ellenborough's Amelia Chan. With her partner Katie Holt(Ha) they beat Megan Gidney(La) & Alice Dillon(La) 3-1, but went out at the semi-final stage to the competition winners 3-1 (11-7,12-10,6-11,11-7).

Cadet Girls Singles.

Amelia came second in her group and played Mollie Patterson(Nk) in the first round proper, unfortunately going down 4-1.

Denise was attempting to hold on to her title and was no.1 seed

Sophie Chiang

Terrific Double for Super Sophie

Over the weekend of 25th-26th June in Preston, Sophie Chiang was entered into three National Tournaments.

Under 13 Girls (Saturday)

Seeded 6th, Sophie was upset by Isabella Hudson (Mi) and therefore finished second in her group. In the round of 16 Sophie had a 5 set win against Helena Dicken (Dy) coming from 2 down. In the quarter final Jasmine Wong (Y) seeded 1 beat Sophie 3 - 0 (4, 11, 9). Jasmine went on to beat Darcie Proud (6, -8, 3, 2) in the Final

Under 11 Girls (Saturday)

In this competition Sophie seeded 1 topped her group beating, Anya Milne (Du) and Anna Green (Ng).

She had a bye in the round of 16 and comfortably beat Lucy Gent (Cv) 3-0 (2, 7, 4) in the quarter-final. Another good win in the Semi-Final 3-0 against Lola McGhee (Cv) 3-0 (4, 5, 3).

The Final was a different matter, as up against Amy Marriott (Y), Sophie edged the first 12-10 only for Amy to bounce back taking the next two 12-10, 11-7. Sophie just made it taking the 4th and 5th games 13-11 & 12-10.



Under 12 Girls (Sunday)

In the Under 12's Sophie was seeded 3 and won her group beating Amilia Barker (St), Mari Baldwin (Dv) and Isabel Webb (K).

Being seeded Sophie had a Bye in the round of 16. In the quarter-final Sophie played well to beat Helena Dicken (Dy) in 4 after losing a close first game, the scores were -10, 12, 5, 5.

In the Semi-Final it looked all but up for Sophie trailing 2-0 to Anya Patel, she then staged a brilliant comeback taking the next 3 (7, 10, 5).

The Final in contrast was much more comfortable for Sophie

"I just kept fighting, and winning a national title is really good, it's my best achievement."

"In the under-12s, I didn't really believe I could win it at the start but when I got to the semi-finals I thought I could do it."

To see Sophie and Denise in action go to the Ellenborough Website

www.ellenboroughttc.com home page, click on the Picture of Sophie to see her play Scarlett O'neil in the U12 National Final, click on Denise to see her play Kerry O'Mahoney, Junior British League, 2016.



beating Scarlett O'Neil (K) 3-0 (7, 9, 2). On the way to the final Scarlet beat Mari Baldwin (Dv) and Jasmine Williams (Ha).

Sophie said - "I'm really, really proud of myself because I was 2-1 down against Amy and I was really nervous but in the end I got the gold medal.

Photo's: Left - Sophie raises the U11 National Trophy. Above - U12 National Presentation L-R Anya Patel, Jasmine Williams, Sandra Deaton (Table Tennis England Chairman), Sophie & Scarlett O'Neil.

Ellenborough Veteran Ladies British League Return.

After many years the Veteran Ladies of Ellenborough have returned to the British League.

On the weekend of 17th/18th September 2016 Ellenborough entered a new team into the Women's Veterans British League. The event is held over two weekends, both at the fantastic Derby Arena (Velodrome).

The squad playing this time were Sandy Nash, Sue Pingram, June Nelson, and Faith Frankel.

The division is made up of eight teams, so Ellenborough played five of them this weekend, and will play the other two in the second half of the season. They will then have a further three matches to play during the second weekend against the other teams finishing in their half of the table.

Each fixture is played 3-a-side, with two matches for each player. So six matches in each fixture. The winning side gets two points, and there is one point available for a draw.

The team managed to win against Farfetched, Carpe Diem and Market Rasen Ladies II all with a convincing 5-1 scoreline. However, the final scores do not reflect some of the tough battles fought out on the tables. There really were a lot of very close games throughout the weekend, including in our first fixture, against another new team, Farfetched, a determined June was incredibly unlucky not to win both her matches against Farfetched (losing out 12-10 in the fifth to Carol Philp).

Our second match against Sutton at Hone, went to the final game to be played to decide whether

we got the full two points for a win or just the one for a draw. Faith was our player faced with the challenge of playing an on-form Sue Adamson, arguably,

their best player. Faith played some of her best table tennis of the weekend, attacking on both wings, to record an impressive win, 11-1, 11-5, 10-12, 11-3 and therefore securing a 4-2 win and crucially two points on the league table for the team. Well played Faith.

A special mention also to Sue Pingram, who won 9 out of the 10 games she played. Time and time again she successfully set up her big forehand hit and sent her opponents chasing balls left, right and centre! Her only loss being an unlucky 12-10 in the 5th end to Billwood's Linda Hales.

Billwood was the only team to beat Ellenborough this week-

games played were. Perhaps an early start on a Sunday morning had something to do with a slight drop in form along with styles of game not suiting our players strengths!?

Several of the close games over the weekend finished in favour of the opposition. Fortunately, a few of the close matches also went our way, including one in the final match of the weekend for Faith against ex- Ellenborough player, Sylvia Tyler. Eventually won by Faith 14-12 in the 5th! Playing styles was a factor throughout the weekend, with June and Sandy's wins being quite comfortable, but the losses considerably closer.

Overall, a very successful weekend enjoyed by the four ladies who travelled to Derby. It was quite surreal playing in a hall which is also a velodrome with the cyclists whizzing around above

our heads whilst we played. Sandy was worried that this might be distracting, but even she was amazed at how little they could be noticed whilst playing and our team all enjoyed the atmosphere this unique venue provided. There were lots of very close, competitively fought games and enjoyable matches played with good sportsmanship. Everyone contributed to the great team effort, which has put El-

lenborough in second place, just one point behind the team sitting at the top of the table (RTA - Recycled Teen Agers!) and still with them to play as our final match before the division is split in to two mini divisions of four teams. So, everything still to play for.

Photo: L to R. Sue, Sandy, June & Faith



end, and by a slightly surprising 5 matches to 1 score. The Ellenborough ladies should take something from the fact that five of the six matches went beyond three games, and two of those went the distance. So many individual games were lost by only a two or three point margin. As with the 5-1 wins, the scoreline does not really reflect how close and competitive some of the

Triple Gold for Denise Payet in School Games

On Friday 2nd September the School Games started at Loughborough University. Table Tennis was one of twelve sports making up this Annual Event.

Day 1 was the team group stages with Ellenborough's Denise Payet taking part for South East England. Also in South East's group were North East England, North West England and Northern Ireland.

The other group was made up of teams from Midlands, Scotland, South West and Wales.

Day 1 - Team Group Stage

Defending champions South East girls are well placed to hold on to their titles after day one of the 2016 School Games.

They topped their group to advance to Saturday's semi-finals and the chance to get on the podium.

The three wins were 7 - 0 against Northern Ireland, 4-3 against North East and 6 - 1 against North West. Payet winning all eight matches, six singles and two doubles Partnered with Kate Cheer.

As well as Denise & Kate the other girls taking part for South East were Isabelle Joubely and Zahna Hall.

Day 2 - Team Semi's & Finals

In the Semi Final South East played Scotland who finished Runners up of the second group. South East had a comfortable 4 - 0 win.

In the final South East played a strong Midlands team, eventually winning 4 - 2 and taking the title

for the fourth year running.

Day 3 - Girls Individual Competition

Of the four girls representing South East only Isabelle Joubely didn't make it to the Semi-finals losing in the quarter final to Jasmine Wong of the North East.

In the semi's Denise played team mate Zahna Hall and made it to the final 3 - 0. In the other semi Kate Cheer beat Rebecca Finn of Northern Ireland 3 - 2 to set up an all South East final between Denise and Kate, team mates and doubles partners.

Kate started better and won the first 11- 5, however Denise hit back with the next three games 11 - 7, 11 - 7 & 11 - 2.

This years win makes up for Denise's defeat in the final 12 months ago.

Overall Champions

When all the points from the team and individual events were totted up, South East were the overall winners.



The South East squad were overall champions

Denise, centre left-front wearing her three gold medals with the rest of her South-east Teammates.

Junior Section

The Junior section has coaching sessions on six days a week. Checkout the website for more details.

www.ellenboroughttc.com/ellenborough_2/coaching/coaching.html

If you are interested in the joining Junior Section you can also contact the club during a coaching session on 020 8363 1585 or why not just come along and you can observe what goes on and get all of the details from the Coaches.

Over the years Ellenborough has had many National, County, Regional and Individual Champions. All started by coming along to a Junior Coaching session.

Don't miss out on a great opportunity to join a club and a sport which will make the most of your talent and benefit you for a lifetime.

Ellenborough Club T-Shirts

The Club has a new range of Club T-Shirts.

T-shirts without collars Price £6.00

Sizes
5/6 years
7/8 years
9/11 years
12/13 years
Small
Medium

Club shirts can either be ordered from Nick McCoy or contacting Ian Allan on ianallan342@gmail.com

Price guaranteed whilst current



stocks are available.

Ellenborough Logo on Front
Ellenborough TTC on the back.

Japanese Interest in the Over 50's

On Thursday 14th July we had a visit from a lady called Yumi Hasegawa. Yumi is a writer of magazine articles and she has been commissioned by a Japanese magazine called 'Tsuru To Hana' to do a piece on table tennis and it's benefits for older people.

She has chosen the Ellenborough over 50's as ideal subject matter for her article and just after 10 o'clock she arrived with her 2 assistants.

Several of our members who are over 70 were interviewed and numerous photos were taken of us in action in the playing hall.

The magazine article will be published in Japan later on this year and she will be sending us a copy translated into English (thank goodness for that. My conversational Japanese is a bit rusty).

Well it seems that the fame of the Ellenborough Table Tennis Club is spreading across the globe and it will be interesting to hear what she has to say about our sprightly over 50's.

Many thanks to all of our members who turned up as I know Yumi was very impressed with the large turn out we had on that morning.
Ron Smith

Over 50's Section

The Over 50's section meet four times a week and also have their own coaching session.

If you are interested in joining the Over 50's, then contact Ron Smith on 07957 450792 or by email

tabletennison@gmail.com
he'll be pleased to let you have all of the details. Also see our webpage
www.ellenboroughttc.com/ellenborough_2/over-50s/over-50s.html



Main Club Contacts

General Enquiry:	David Wilson
Membership:	Ron Smith
Hall or Table Booking:	Ruth Edelston
Website & Twitter Admin:	Bernie Kelly
Facebook Admin:	Chris Michael

Contact details on website -

www.ellenboroughttc.com

A Big Well Done to all of The Juniors Who took
Part in Active Kids 2016



Make the most of our free resources

Don't forget that all year round we offer a range of inspiring free educational resources online, from our toolkits and active packs to our [Inclusive PE Training Programme](#) (part of our Active Kids for All initiative). We've also updated the Digital Toolkit with even more posts and images you can use on social media, to say thanks to parents and carers for getting behind Active Kids 2016.



Good news for you

As a huge thank you for your support this year, your organisation has been chosen to receive some extra equipment, absolutely free. You don't have to do a thing and you'll receive everything by 16/12/2016. We hope this makes 2016 even more special for the kids.

Hi Kim, Three cheers for Ellenborough Ttc

We really appreciate you getting behind Active Kids 2016. Thanks to everyone who took part – you've helped create something amazing.

It's because of organisations like yours collecting vouchers, that Active Kids 2016 has been able to donate £11million worth of sports and cooking equipment for UK schools and kids' clubs. That's an average of £376 for every school and club that took part.

A great boost for your kids

You've also done a lot for the kids right here at Ellenborough Ttc. We hope they'll have lots of fun with their new equipment and experiences.

You can even show parents, carers and other community members what they've helped to provide. Simply use the hashtag #ActiveKids on social media to share photos of the kids enjoying their new equipment.

And with the government's current focus on obesity, it's an even better time to encourage our kids to get active. Active Kids has never been so relevant.

See you next year

Active Kids will be back for 2017 and we hope you're looking forward to it as much as we are. We're excited to work with Ellenborough Ttc again to help kids eat well, move well and live well.

So make sure you keep an eye on our website to find out when it all gets going again.

Thanks again for being part of Active Kids 2016.

The Active Kids team